

WORD

¹Finally, then, brothers, we ask and urge you in the Lord Jesus, that as you received from us how you ought to walk and to please God, just as you are doing, that you do so more and more. . . .

⁷For God has not called us for impurity, but in holiness. ⁸Therefore whoever disregards this, disregards not man but God, who gives his Holy Spirit to you. **1 THESSALONIANS 4:1,7,8**

The Bible calls us to live lives of purity through obedience to God. However, purity is not limited to our bodies. It also extends to our minds, hearts, and our whole lives. In this lesson, we will learn how to be pure in every area of life.

1 A Pure Mind

¹I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.

²Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect. **ROMANS 12:1,2**

A life of purity starts in our minds. What we think about—and allow ourselves to think about—will eventually take root and manifest in our lives. This is why we need to be careful about what we read, watch, or talk about. What thoughts does God’s Word command us to think about? (Philippians 4:8)

2 A Pure Heart

Create in me a clean heart, O God, and renew a right spirit within me. **PSALM 51:10**

Purity also begins in the heart. The thoughts that we meditate on eventually take shape through our emotions, and these have the capacity to directly affect our motives. We need to continually come before God to clean our hearts, and not rely on our hearts to make decisions for us. How does God’s Word describe the condition of our hearts? (Jeremiah 17:9)

3 A Pure Life

³For this is the will of God, your sanctification: that you abstain from sexual immorality; ⁴that each one of you know how to control his own body in holiness and honor. . . . **1 THESSALONIANS 4:3,4**

Purity manifests in our actions. In order to live a pure life, we must know more of God and submit to His will daily. It is through the power of God—not our own will—that we can walk in purity. How does God’s Word encourage us to live pure lives? (Psalm 119:9)
